

Centre for Advanced Reproductive Endosurgery

A/Professor Alan Lam MBBS (Hons) FRCOG FRACOG
Director

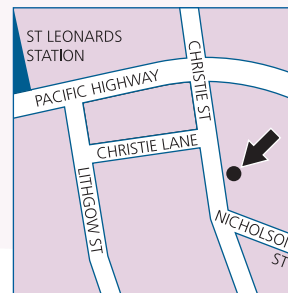
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About CARE

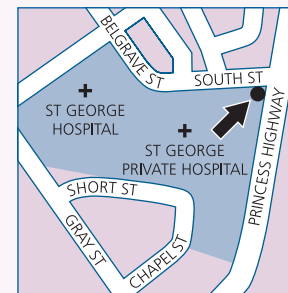
- CARE is a recognised tertiary centre to which thousands of patients with complex gynaecological conditions have been referred for opinions and treatments. In particular, for endoscopic surgical management of endometriosis related infertility, endometriosis affecting bowel and bladder, fibroids, pelvic organ prolapse, urinary incontinence and menstrual disorders.
- Patients are frequently referred from throughout NSW, Australia, and Asia Pacific countries for opinions and/or treatment.
- CARE's reputation is confirmed by the outstanding success of its internationally recognised education and training program in endoscopic surgery which has helped train hundreds of specialists, fellows, and nurses from throughout Australia, New Zealand, Asia, Europe, North America and the Middle East since 1997.
- Over the last decade, major advances in instrumentation, technology and surgical skills have led to improvements in the diagnosis and treatment of most gynaecological conditions.
- Laparoscopic surgery, frequently referred to as key-hole surgery, is arguably one of the most significant surgical advances delivering the benefits of small incisions, quicker recovery, reduced post-operative pain, less risk of adhesion formation, and earlier resumption of normal activities when compared to open surgery.



CARE locations



AMA House
Level 4, Suite 408
69 Christie Street
St Leonards NSW 2065
Phone: (02) 9966 9121
Fax: (02) 9966 9126



St George Private Hospital
Level 4, Suite 7
1 South Street
Kogarah NSW 2217
Phone: (02) 9966 9121
Fax: (02) 9966 9126

Welcome to CARE – Centre for Advanced Reproductive Endosurgery – Australia’s leading centre for treatment of endometriosis, pelvic organ prolapse and endoscopic surgery.

The acronym CARE is chosen to reflect the centre’s underlying philosophy:

- to offer every patient with appropriate, evidence-based CARE
- to deliver the safest and highest quality surgical CARE
- to provide patients with minimally invasive surgical CARE.



At CARE, we pride ourselves in:

- provision of a wide range of clinical services
- participation in many clinical research activities
- delivery of outstanding training and education in gynaecological endoscopic surgery for specialists, fellows and nurses for nearly a decade
- world-class expertise in endometriosis and pelvic reconstructive surgery
- the importance of patient education, support and counselling both pre-operatively and post-operatively.

CARE is attended by a team of highly skilled specialists who have enormous clinical experiences and extensive complementary areas of investigational and surgical expertise.

Patient services

Patients are referred to CARE specialists for treatment and management of the following conditions:

- endometriosis
- pelvic organ prolapse
- urinary incontinence
- uterine fibroids
- ovarian cysts
- menstrual disorders
- adhesions.

Consultation

A current referral letter from a general practitioner is required. This is essential to claim benefits through Medicare.

The first visit

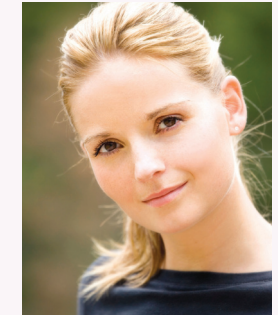
Each patient is asked to fill in a patient information form including details of Medicare and private health insurance. We advise that patients bring along a summary of health history including details of current and past medical problems, surgical history, current medications, allergies, recent imaging and blood test results.

Second opinion

Patients frequently seek second opinions from specialists at CARE because of our expertise, willingness to listen and our experience in endoscopic surgery.

Research

Doctors at CARE are regularly involved in various clinical research projects. This offers patients a chance to participate in clinical studies which are related to their problems. The decision on whether to participate is entirely up to each patient. Refusal to be involved in clinical research does not interfere with the management.



Seminars

CARE frequently runs free public information seminars.

Fees

Consultation fees – payable on the day by cash, cheque, visa or mastercard. Additional fees may arise from additional tests where indicated. All fees can be claimed through Medicare.

Surgical fees – an estimation of costs is provided before surgery and an actual account is sent out after surgery. Surgical fees can be claimed through Medicare and private health insurance.

In experienced hands, laparoscopic surgery is a safe alternative to open surgery, suitable for the treatment of most gynaecological conditions.